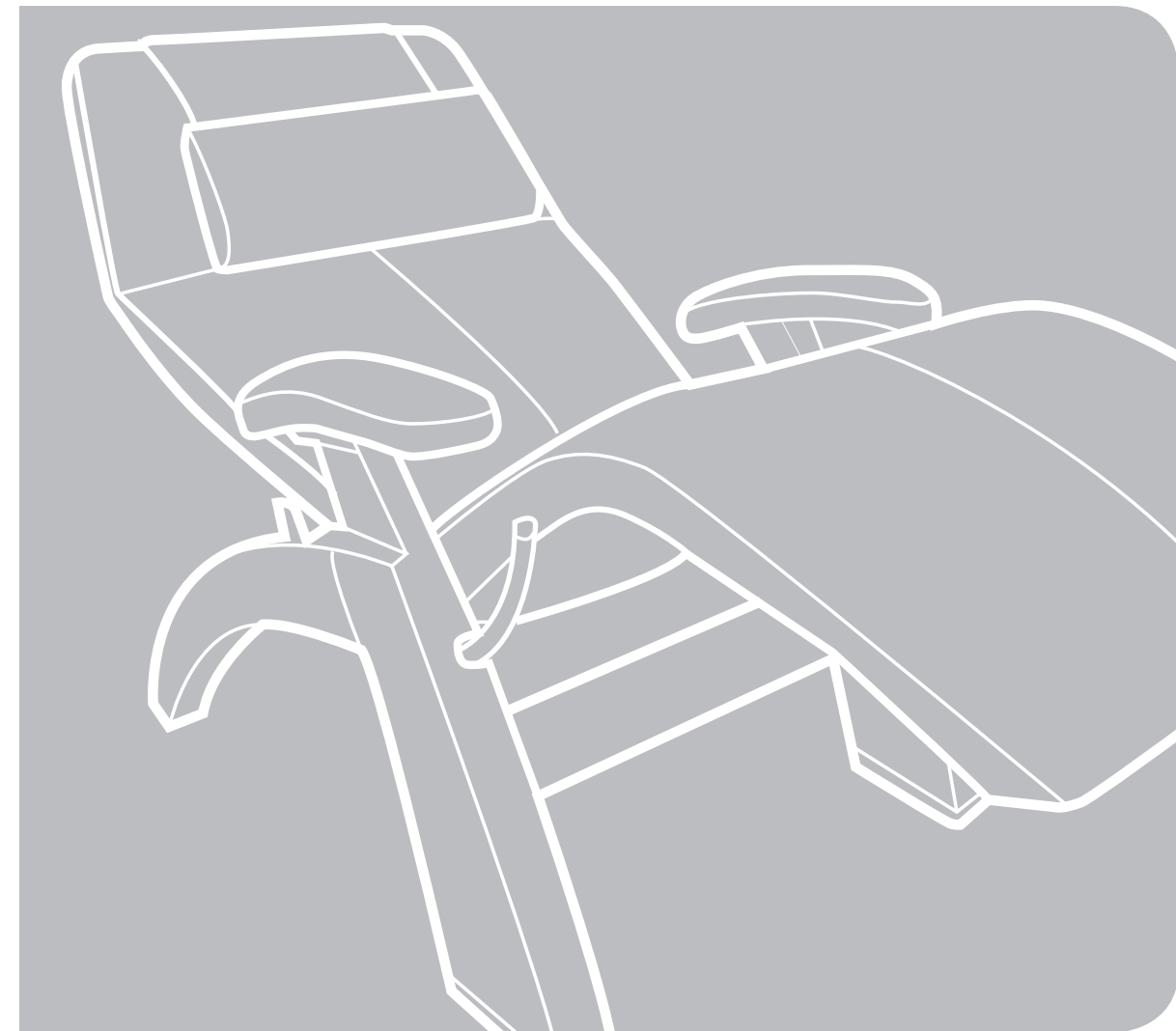


**PC 410**

Classic Manual

SERIES 2



human touch®

[humantouch.com](http://humantouch.com)

800.355.2762

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PC-410-NA-B0

 human touch®  
feel better®

use & care manual

Register your product **ONLINE** Today

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# PC 410

Classic Manual

SERIES 2

# keep it safe

## IMPORTANT SAFETY INSTRUCTIONS

**When using this product, basic precautions should always be followed, including the following:**

- Do not sit on the chair arms.
- The chair is intended for stationary use, not for rocking.
- Always recline slowly to maintain optimal control of the suspension system.
- Keep fingers and loose clothing away from the guide rails at all times.
- This product is not designed for use by disabled people or children without adult supervision.
- If you have chronic back pain, have undergone back surgery, or have any questions about using this product, consult your physician before use.
- If you experience dizziness or nausea, discontinue use and contact your physician immediately.

**SAVE THESE INSTRUCTIONS**

**Do not attempt to repair this product yourself.**

- This product is designed for personal in-home use. Commercial use will void warranty.

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**Register your product at [www.humantouch.com](http://www.humantouch.com) to ensure your product is in our system to simplify the warranty process should you ever need it.**

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Please send any questions or comments regarding this manual to [documentation@humantouch.com](mailto:documentation@humantouch.com)

welcome to **human touch**<sup>®</sup>

You have just purchased one of the finest pieces of ergonomic furniture available. The Human Touch<sup>®</sup> Perfect Chair<sup>®</sup> artfully blends the best of aesthetics, technology and wellness in a seating experience that transcends the highest standards of comfort.

The recline system eases the body into a virtually weightless position, as it elevates the legs above the heart and relieves weight from the spine. This remarkable chair relieves the soreness, tension and fatigue caused by the earth's constant pulling, while its fixed-form seating position ensures maximum ergonomic posture at all recline angles.

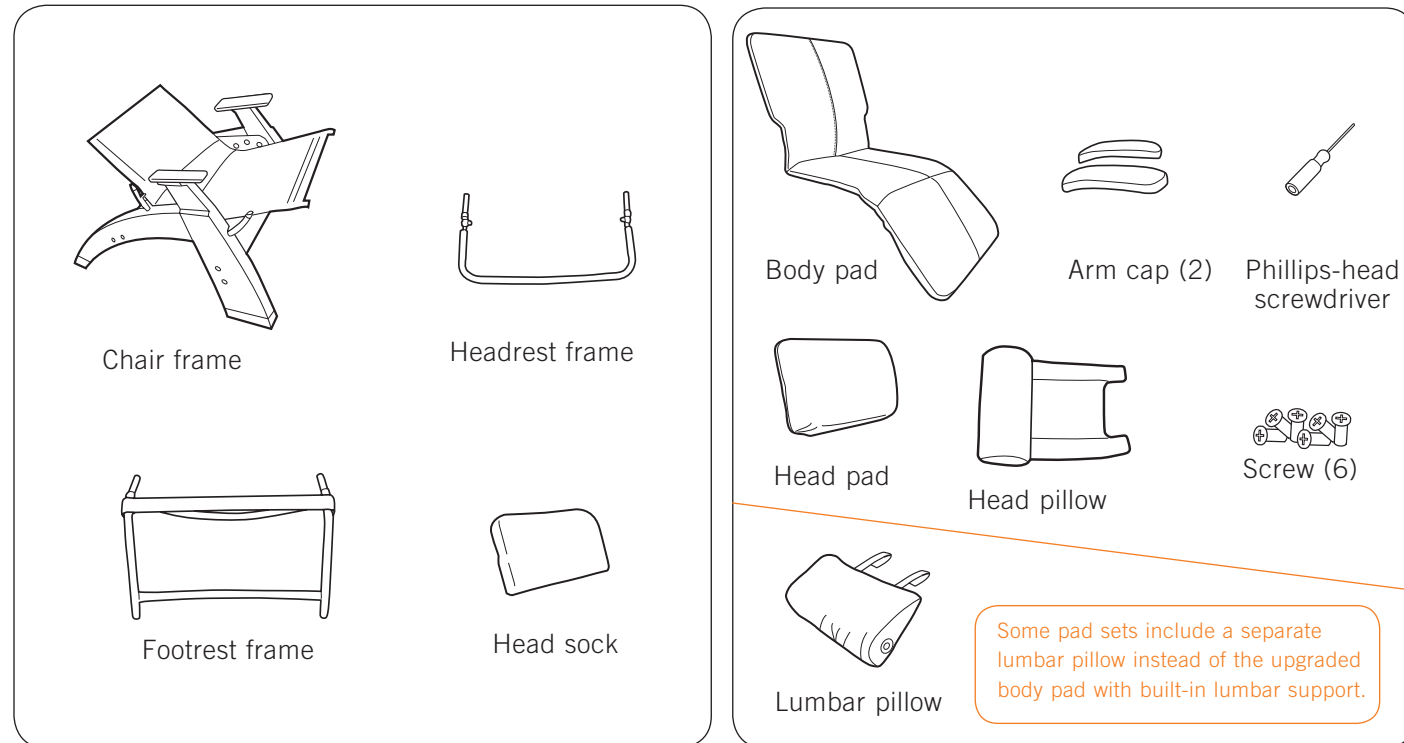
To ensure that you don't overlook any of your chair's features, and that you use it safely, read this manual carefully. Then sit back, relax, and enjoy!

[humantouch.com](http://humantouch.com)

# get ready

Your Human Touch Perfect Chair requires some simple assembly. Just attach the headrest/footrest frames, pads, arm caps, and head pillow, and you're done!

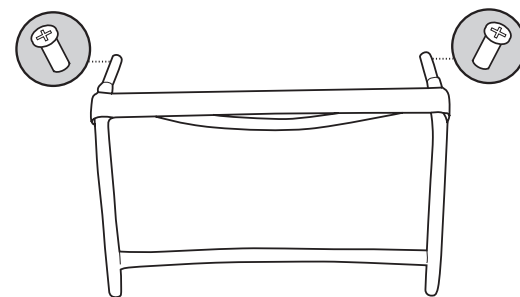
## UNPACK THE BOXES



## INSTALLING THE FOOTREST FRAME

### 1. Remove the footrest frame screws.

Using the Phillips-head screwdriver (provided), remove the two screws from the footrest frame. Retain them for use in step 3.



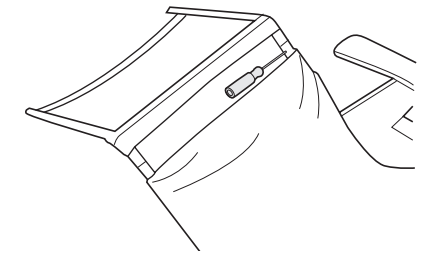
### 2. Slide the footrest frame onto the chair frame.

Slide the two ends of the footrest frame into the holes in the front of the chair frame.



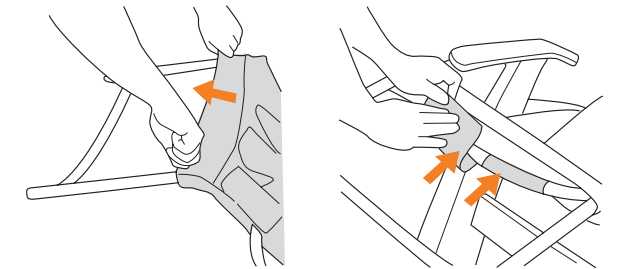
### 3. Replace the footrest frame screws.

Using a Phillips-head screwdriver and the two provided screws, secure each side of the footrest frame to the chair frame.



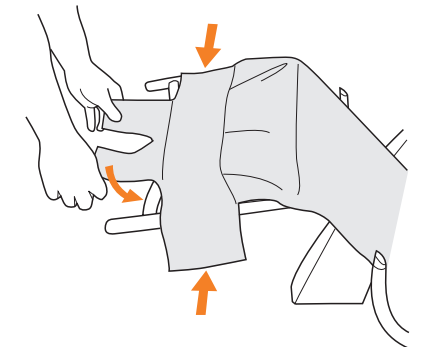
### 4. Attach the canvas to the footrest frame.

Using both hands, gently pull the seat canvas forward just to the top of the footrest frame, then secure the two flaps located underneath the canvas to the footrest frame.



### 5. Finish securing the canvas to the frame.

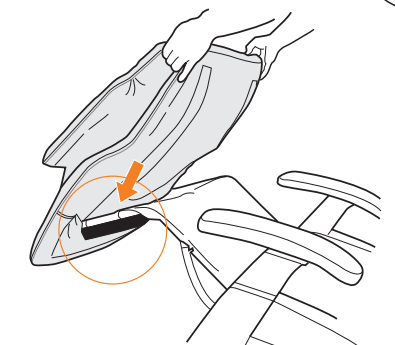
Using both hands, continue to pull the seat canvas all the way forward to cover the footrest frame, then secure the two front and two side flaps, using the hook and loop fasteners.



## ATTACH THE BODY PAD

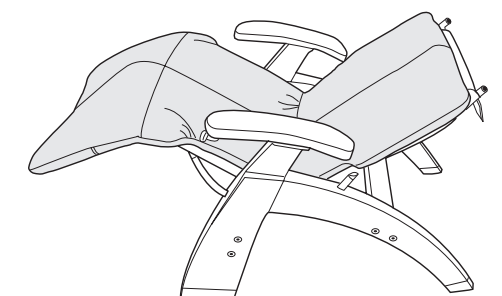
### 1. Slide the body pad onto the chair frame.

Slide the body pad onto the lower part of the chair frame, making sure that the frame slides into the fabric pocket located on the bottom side of the pad.



### 2. Secure the body pad.

Smooth the body pad into place, from the footrest toward the backrest. The pad is automatically secured using the hook and loop fasteners.



# get ready

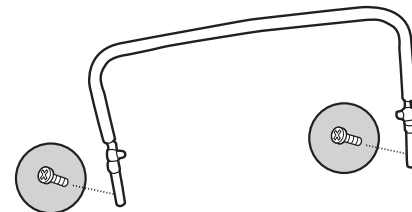
## ATTACH THE HEADREST FRAME

### 1. Raise the chair to an upright position.

For your convenience, and to better position the chair for the remaining assembly, use the recline lever to adjust the chair to an upright position.

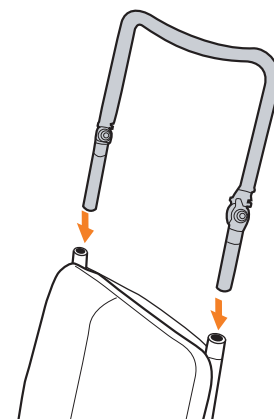
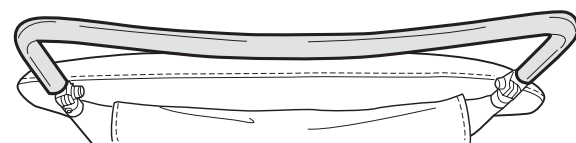
### 2. Remove the headrest frame screws.

Using the Phillips-head screwdriver (provided), remove the two screws from the headrest frame. Retain them for use in step 4.



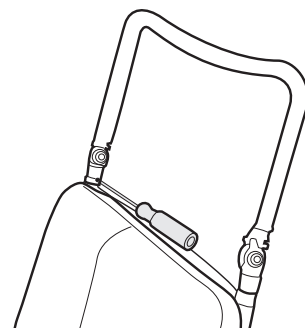
### 3. Insert the headrest frame into the backrest frame.

With the arc of the headrest frame pointing toward the back of the chair, slide the two ends of the headrest frame into the open tube ends at the top of the backrest frame.



### 4. Replace the headrest frame screws.

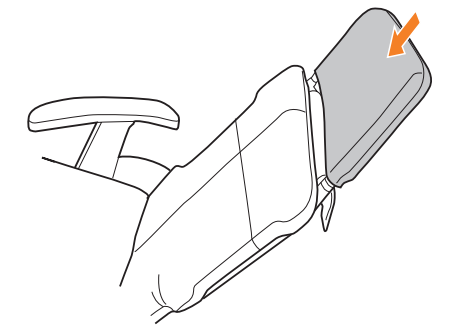
Using a Phillips-head screwdriver, replace the two headrest frame screws, securing the headrest frame to the backrest frame.



## ATTACH THE HEAD PAD

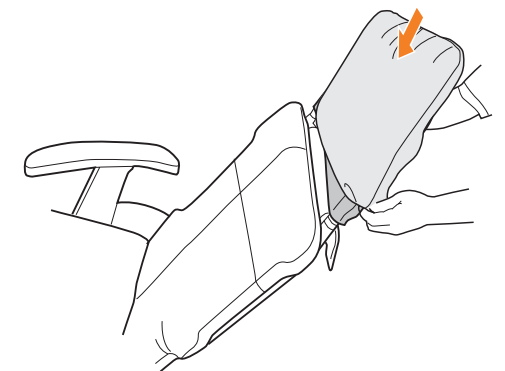
### 1. Slide the head sock over the headrest frame.

Slide the head sock over the headrest frame, as far as it will go. The padded side of the head sock should face the back of the chair.



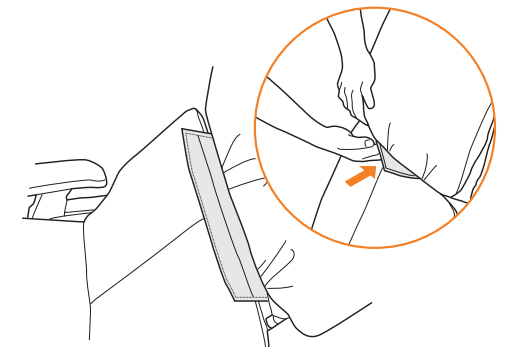
### 2. Slide the head pad over the head frame.

Slide the head pad over the head frame, ensuring that the frame slides into the fabric pocket located on the bottom side of the pad. Pull the head pad down as far as it will go.



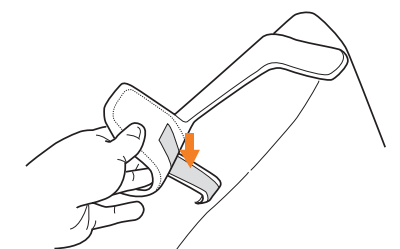
### 3. Tuck in the body pad flap.

From the front of the chair, tuck the flap on the top of the body pad up into the head pad and smooth it flat. The flap is automatically secured to the pad, using the hook and loop fasteners.



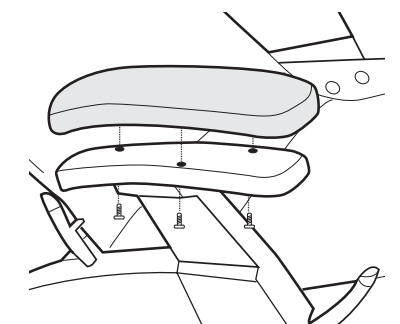
### 4. Attach the head pillow.

Attach the head pillow straps to the head pad straps using the hook and loop fasteners. Adjust the head pillow height for maximum comfort.



## ATTACH THE ARM CAPS

Remove the three screws taped to the underside of the right-hand arm cap, then place the right-hand arm cap on top of the armrest. From the underside of the armrest, secure the arm cap using the three screws. Repeat these steps to attach the left-hand arm cap.

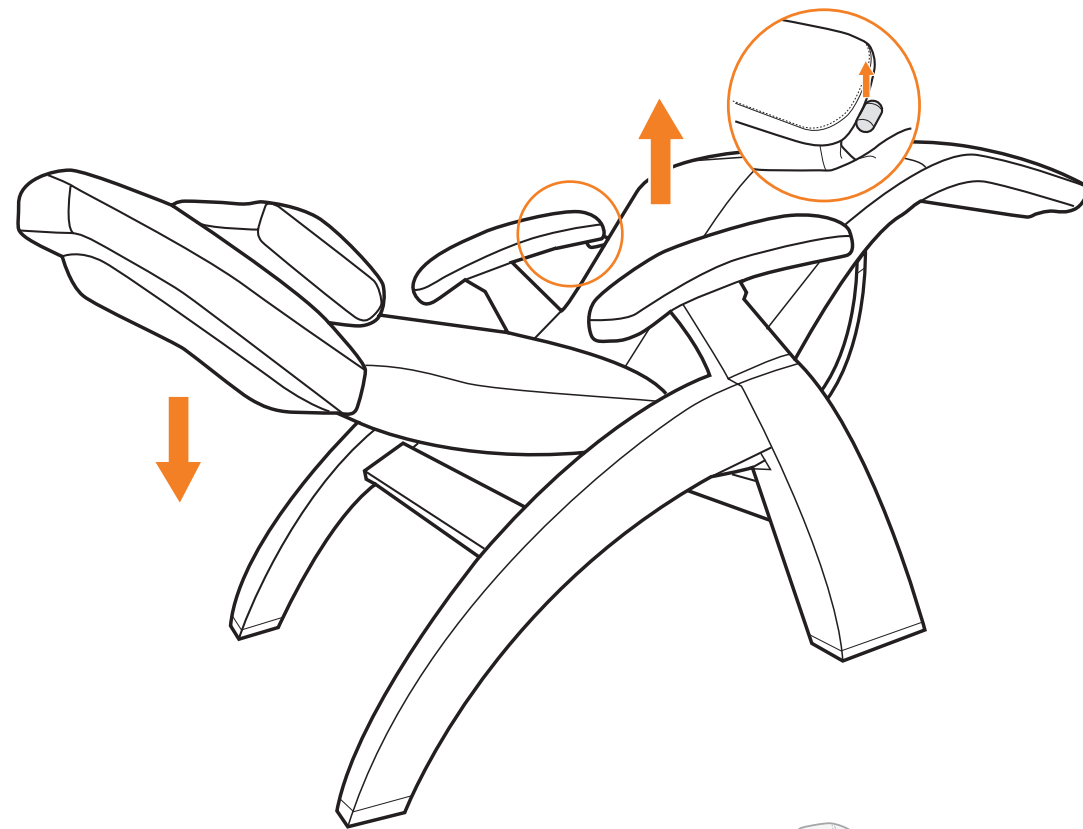


# take a seat

## Adjust the recline angle

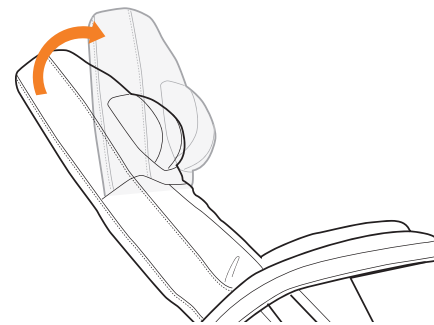
To recline, gently pull up on the recline lever, lean back on the backrest to adjust it to the desired angle, then release the lever. To incline to a more upright position, gently pull up on the recline lever, then pull up on the armrests with your hands while applying slight downward pressure with your elbows, until the backrest inclines to the desired position. Release the recline lever.

**NOTE:** Lean back against the backrest before reclining the chair.



## Adjust the headrest

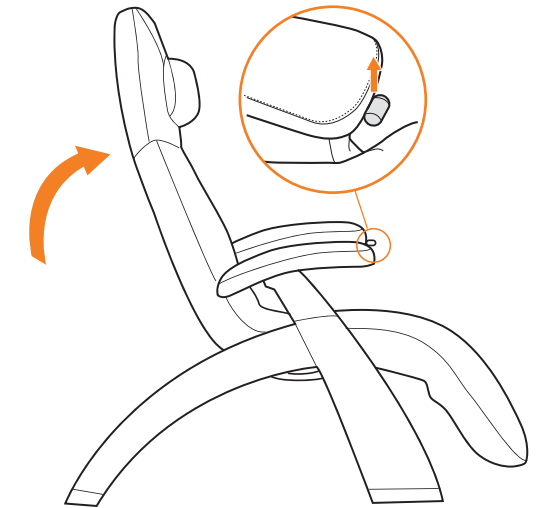
While seated, reach up with both hands and grasp both sides of the headrest. You will feel the rigid frame beneath the soft head pad. Grasping the rigid frame, tilt the headrest forward or backward for maximum comfort. The headrest remains in this position until you adjust it again.



Using your Human Touch Perfect Chair is easy. Just take a seat and adjust the chair to the desired position. The Perfect Chair cradles you in zero-gravity comfort, with your feet above your heart—the ultimate neutral-posture position for back and spine relief.

## Getting out of the perfect chair

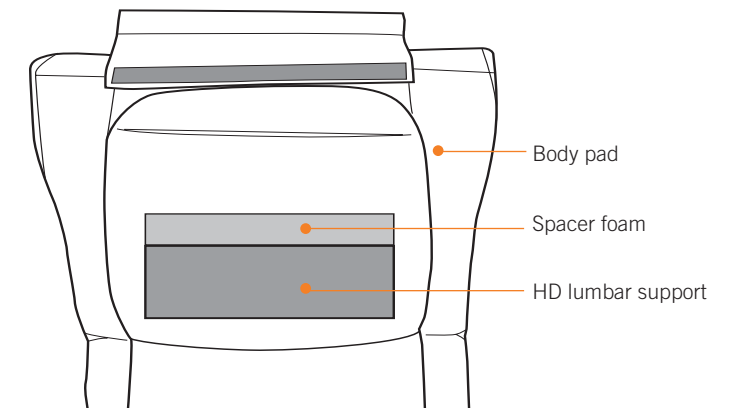
Gently pull up on the recline lever, pull up on the armrests with your hands while applying slight downward pressure with your elbows, until the backrest inclines to a full upright position. Release the recline lever. Use the arms for support when getting up from the chair.



## Adjusting the Lumbar Support

Your Perfect Chair comes with vertically adjustable built-in foam lumbar support. To adjust the lumbar support from the default lower position:

1. Detach the top of the body pad from the chair, then fold it forward onto the chair seat. Or, remove the entire body pad and place it flat, face down, on the floor.
2. Open the zipper on the upper back of the body pad to expose the foam. The blue High Density (HD) Lumbar Support is installed in the lower position.
3. Remove the narrow spacer foam and move the HD Lumbar Support to the upper position.
4. Replace the narrow spacer foam below the HD Lumbar Support.
5. Close the body pad zipper.
6. Reattach the body pad to the chair.



# care and maintenance

To keep your product working and looking its best, please follow these simple care guidelines.

## WARNING:

1. Be sure to test any cleaning solution on a small, inconspicuous part of the product to ensure that the color does not fade prior to using the solution on the entire product surface.
2. Do not use benzene, thinner or any other solvents on your product.

## Cleaning Code Standard: W

To maintain your Human Touch product in optimum condition, dust it frequently and/or vacuum it with a soft brush vacuum extension. SofSuede® products can also be brushed with a suede brush.

If your product becomes dirty, use a water-based upholstery cleaner only. To treat stains, spot clean with an upholstery shampoo or a mild detergent foam.

## Maintenance and Repair:

1. The mechanics of this product are specially designed and constructed to be maintenance free. No periodic lubrication or servicing is required.
2. Your chair should only be serviced by an authorized service center.

## Use and Storage Environment:

1. When not in use for a long period of time, we recommend that the chair be covered and the unit be placed in an environment free of dust and moisture.
2. Do not store near heat or open flame.
3. Do not leave this product exposed to direct sunlight for long periods of time. This may cause fading or damage.
4. Do not use or store in extreme temperatures; product stored in cold temperatures may require 48 hours at room temperature to function properly.
5. Product should be used and stored in an environment with non-condensing humidity ranging from 10 to 80%; excessive humidity will damage the mechanics.

## Specifications\*

Chair Size (reclined):	62" L x 31" W x 30" H
Product weight:	57 Lbs.
Required recline clearance:	9"
Maximum load weight:	285 Lbs.

*\*Specifications are subject to change without prior notice.*